



CO-ED VOLLEYBALL LEAGUE INFORMATION

League Eligibility Regulations

A. Team Rosters and Liability Forms

1. All players must have signed the team roster/liability form prior to their first game. This is the official team roster form. If not signed, players are not officially on the team.
2. Players may not play in Monday and Wednesday league during any single season.
3. Any team that plays with an ineligible player is subject to forfeiture of all league games in which that player played.
4. All teams should have six players, four male and two female on the court at the start of each service. If a team only has one female player on the court, up to three male players can play in that game.
5. The manager must name at least 2 players to help call lines when their team is scheduled.

B. Borrowing of Players

1. There will be no borrowing of players for any reason at any time.

C. Adding Players

Any player added to the team roster must be done prior to the third league game. Team roster must be signed before player is allowed to participate in any games or matches. Only two roster changes are allowed over the course of the season. In case of a season ending injury to a player an exception may be granted depending on the playing level of the replacement player.

D. Schedule and Playoff Procedures

1. Leagues will normally consist of 6 teams. Team may be added if scheduling permits.
2. League champions will be determined through playoffs. The top four teams will participate in each league's playoffs.
3. Ties in the final standings will be broken by head to head play results during the regular season between the teams involved. Second tie breaker will be head to head play between all the teams in the playoffs. Third tiebreaker will be based on points differential between those teams still tied.
4. Playoffs will be single elimination and determine the final league champion.
5. Players on the team roster must participate in a minimum of three matches during the regular season in order to be eligible for the playoffs.

E. Forfeits

1. If a team is not ready to start play 5 minutes after scheduled game time for the first game with a minimum of 4 players, the first game shall be forfeited. Second game will be forfeited 25 minutes after the scheduled game time. Third game will be forfeited after 40 minutes past scheduled game time. A forfeit is recorded as a 0-25 loss.
2. A team forfeiting three matches in a season will be dropped from playoff contention.
3. Any team dropped from the league during the season will not be eligible to participate in the following league season.

League Structure

A. Governing Body

1. The Recreation Supervisor or Coordinator in charge of sports shall serve as League Director and has final authority on all decisions pertaining to the Adult Co-Ed Volleyball Leagues.

B. Gymnasium Supervisor/Referee

1. The Gymnasium Supervisor/Referee shall oversee the nightly matches and shall be responsible for the enforcement of all rules and regulations pertaining to league play. Gymnasium Supervisor/Referee may make decisions to ensure the proper conduct of game action and shall be the representative at the facility.

C. Games

1. All matches will begin 5 minutes past the hour. Leagues will play 3 games per match. Games are to 25 points rally score; win by 2 with a 29 point cap. Each game counts as a win or loss in the standings. Standings will seed teams in the playoffs. If time limit is reached, the leading team must have reached 12 points and be up by 2 to be awarded a win. If 12 points are not reached at time limit, that game will not count in the standings. League standings will be determined by won loss percentages.
2. Manager will turn in a roster with position of all players prior to start of game. If a player needs to be added to the game roster after the start of a match, the manager must call a time-out and modify the roster as permitted by referee.
3. Two form of substitute will be permitted. One, player A always subbing for player B (and B for A) during a single game. Two, Players may rotate out at one position and rotate in at the next adjacent position at the next side out. Sub must be noted on the game roster. Unlimited number of substitutions will be permitted.
4. Profanity will result in loss of ball and an extra point for the opposing team. Use of Fxxx word will result in loss of ball and two points for the opposing team. Two such violations will result in ejection of that player from that match and the team's next match.
5. The referee is in charge of the game and has final say on all matters. If official is harassed, he/she will stop the game and eject the player from the game where upon the player must leave the facility. Ejected players may not participate in their team's next match, either that night or the following week.
6. No timeouts are allowed in the last five minutes of the match hour; except in case of serious injury.
7. Any ball striking the wall in the gymnasiums shall be declared out of bounds. Team hitting the ball last will lose point &/or serve.
6. Any ball striking the ceiling or overhead supports shall be in play so long as the team hitting the ball last may legally play the ball again within their 3 hits. Any ball striking the ceiling or overhead supports and crossing the net to the opposing team will be considered out of bounds.
7. Back row players may only jump and attack a ball from behind the 10 foot line.
8. Players may serve from anywhere within the back court line but are allowed only one upward toss to complete a legal serve. Serves that touch the net and continue over are legal.
9. Serves may not be blocked or played above the net unless the ball is kept on the receiving teams' side.
10. Any first ball over the net may be doubled by the player involved but lifts are not allowed. Any first ball over that is not a pass and is hand set for an attack is subject to a double contact foul.
11. Teams who begin play with less than 6 players must play the ghost player rotation rule, leaving a space for missing players in both rows. Players may be added immediately after a stop in play by the captain calling a Time-out. Added players must enter at the open position and rearrangement of players currently on the floor is not allowed. Final arrangement is left to game official if it is not resolved by captains.
12. Players must be on the team roster in order to participate in any matches. No swapping of players from team to team or league allowed. Player may only play on one team in one league.
13. Managers or a team captain should check & sign the score sheet at the conclusion of the match. The scores will not be modified after the score sheets have been published.
14. Players must rotate their position at winning every side-out
15. Loss of a point will be deducted from a teams games played that day or the last victory for the team for the following infractions:
 - A) Stretching or Standing on the Game-floor.
 - B) Hitting or Serving the Ball after the call of "Serves" or "Balls-In" respectively.
 - C) Use of profanity. Use of "Fxxx" word will result in loss of two points. These points are awarded for the current game in progress.
 - D) Absence of a player from Line Judging duties – One point deducted for every 5 Minutes of absence per person.

Centennial Recreation Center Adult Sports
Phone (408) 782-2128 x806 – Fax (408) 778-8286 – Email crc-vball@charter.net

TEAM NAME _____ **LEAGUE** _____

MANAGER _____

ADDRESS _____ **CITY** _____ **ZIP** _____

PHONE-Day _____ **Night** _____ **FAX** _____

EMAIL _____ **CELL** _____

EACH TEAM MEMBER MUST READ THE FOLLOWING LIABILITY RELEASE AND THEN PRINT AND SIGN THEIR NAME ON THE ROSTER

I agree to release the City of Morgan Hill and Morgan Hill Redevelopment Agency, their officers, employees and agents from any liability for accidents, injuries, loss of and/or damage to my person or property that may arise out of my participation in or presence at the above activity. I certify that I am in good physical health, and there is /are no reasons(s) why I should not participate in or be a spectator at this activity. I am aware that there certain risks or possible dangers in participating or being a spectator at this activity. I am aware of the rules of this facility and activity and the player's Code of Conduct and I agree to abide by them. I have carefully read this agreement and understand that it is a waiver of liability and some legal rights. I have entered into this agreement of my own free will.

| SIGNATURE | PRINT NAME | ADDRESS | CITY | E-mail | DAY PHONE | CRC MEMBER Y/N |
|-----------|------------|---------|------|--------|-----------|----------------|
| 1. | | | | | | |
| 2. | | | | | | |
| 3. | | | | | | |
| 4. | | | | | | |
| 5. | | | | | | |
| 6. | | | | | | |
| 7. | | | | | | |
| 8. | | | | | | |
| 9. | | | | | | |
| 10. | | | | | | |
| 11. | | | | | | |
| 12. | | | | | | |